



City Hall, 215 Sycamore St.
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DEPARTMENT

Parks and Recreation

ACTIVITY

Wellness

INSTRUCTIONS:

Please limit text and utilize bullets when possible. **Bold items that require special attention.** Note any significant changes to revenue. Do not list individual line item changes unless there is a significant change in amount. **Please limit memo to less than 3 pages.**

REVISED ESTIMATE FOR CURRENT FISCAL YEAR (2025/2026)

Items of Concerns for Current Fiscal Year:

- No significant line item increases/decreases at this time.

Significant Line Item Increases/Decreases for Revised Estimate:

- No significant line item increases/decreases at this time.

Is Revised Estimate for Activity the same as Approved Budget? If not, explain why:

- The revised estimate is the same as the approved budget

**"I remember Muscatine for its sunsets. I have never seen any
on either side of the ocean that equaled them" — Mark Twain**

FY 2025/2026 BUDGET REQUEST

Items of Concern for Fiscal Year 2026/2027 (changes in service levels, revenue, etc. that impact budget):

- No items of concern to report at this time.

Significant Line Item Increases/Decreases proposed for FY 2026/2027 (include justification for increases)

- No significant line item changes to report.

Is Budget Request the same as the Revised Estimate for the Previous Fiscal Year? If not, explain why:

- The revised estimate is the same as the approved budget

FY 2025/2026 CAPITAL OUTLAY REQUESTS

Capital Outlay Requests (item and cost) for FY 2026/2027 (item and cost)

- No capital outlay requests at this time.

Please note
whether capital
requests were
included in Form
11 in the previous
year.

CITY OF MUSCATINE
DETAILED EXPENDITURE CLASSIFICATION
FORM 2

FUNCTION: GENERAL GOVERNMENT		DEPARTMENT: PARKS & RECREATION						ACTIVITY: WELLNESS PROGRAM			
ACCT NO.	ACCOUNT CLASSIFICATION	ACTUAL FISCAL YEAR 2023/2024	ACTUAL FISCAL YEAR 2024/2025	BUDGET FISCAL YEAR 2025/2026	FIRST 3 MOS FISCAL YEAR 2025/2026	LAST 9 MOS FISCAL YEAR 2025/2026	ESTIMATE FISCAL YEAR 2025/2026	CITY ADMIN ESTIMATE FISCAL YEAR 2025/2026	BUDGET REQUEST FISCAL YEAR 2026/2027	CITY ADMIN REVISION FISCAL YEAR 2026/2027	APPROVED BUDGET 2026/2027
(A)	(B)	(C)	(D)	(E)	(F1)	(F2)	(F)	(G)	(H)	(I)	(J)
PERSONAL SERVICES											
41XXX	REGULAR SALARIES & WAGES	\$25,309	\$25,380	\$27,400	\$6,188	\$21,186	\$27,374	\$27,400	\$29,500	\$29,500	
42XXX	PART TIME SALARIES & WAGES	0	0	0	0	0	\$0	0	0	0	
43XXX	OVERTIME SALARIES & WAGES	0	0	0	0	0	\$0	0	0	0	
44XXX	OTHER SALARIES & WAGES	45	0	0	0	0	\$0	0	0	0	
45XXX	PENSION & RETIREMENT	4,031	4,198	4,700	1,026	3,621	\$4,647	4,600	5,000	5,000	
46XXX	INSURANCE	12,108	12,742	13,200	3,301	9,767	\$13,068	13,100	13,600	13,600	
SUBTOTAL		\$41,493	\$42,320	\$45,300	\$10,515	\$34,574	\$45,089	\$45,100	\$48,100	\$48,100	\$0
COMMODITIES											
51XXX	OFFICE SUPPLIES	\$0	\$0	\$300	\$0	\$0	\$0	\$0	\$0	\$0	\$0
52XXX	OPERATING SUPPLIES	899	515	2,000	0	2,000	2,000	2,000	2,000	2,000	0
53XXX	REPAIR & MAINTENANCE SUPPLIES	0	0	0	0	0	0	0	0	0	0
SUBTOTAL		\$899	\$515	\$2,300	\$0	\$2,000	\$2,000	\$2,000	\$2,000	\$2,000	\$0
CONTRACTUAL SERVICES											
61XXX	PROFESSIONAL FEES	\$18,468	\$15,652	\$22,900	\$0	\$18,900	\$18,900	\$18,900	\$18,900	\$18,900	\$0
62XXX	TECHNICAL SERVICES	0	0	0	0	0	0	0	0	0	0
63XXX	RENTALS	0	0	0	0	0	0	0	0	0	0
64XXX	TRAVEL AND EDUCATION	0	500	0	0	0	0	0	0	0	0
65XXX	COMMUNICATIONS & UTILITIES	0	0	0	0	0	0	0	0	0	0
66XXX	INSURANCE	0	0	0	0	0	0	0	0	0	0
67XXX	REPAIR & MAINTENANCE SERVICES	0	0	0	0	0	0	0	0	0	0
68XXX	AID TO AGENCIES	0	0	0	0	0	0	0	0	0	0
69XXX	MISCELLANEOUS	0	920	0	450	50	500	500	500	500	0
SUBTOTAL		\$18,468	\$17,072	\$22,900	\$450	\$18,950	\$19,400	\$19,400	\$19,400	\$19,400	\$0
CAPITAL OUTLAY											
71XXX	LAND	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
72XXX	BUILDINGS	0	0	0	0	0	0	0	0	0	0
73XXX	IMPROVEMENTS	0	0	0	0	0	0	0	0	0	0
74XXX	EQUIPMENT	0	0	0	0	0	0	0	0	0	0
SUBTOTAL		\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
9XXXX	TRANSFERS	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
TOTAL EXPENDITURES		\$60,860	\$59,907	\$70,500	\$10,965	\$55,524	\$66,489	\$66,500	\$69,500	\$69,500	\$0

Form 12

FY 2026/2027 Budget

Department-Prioritized Budget Reductions if Necessary

		Reductions Needed Based on Form 2 Department Budget Request for 2026/2027		
		If 1%	If 3%	If 5%
Amount of Reduction Needed Based on Form 2 Amounts (Personal Services + Commodities + Contractual) x %		\$ 695	\$ 2,085	\$ 3,475
Detail of Potential Reductions:				
Account	Description			
Personal Services Accounts:				
Commodities Accounts:				
51200	Books, Magazines, Newspapers	75	100	100
52810	Recreational Supplies	125	200	300
Contractual Services Accounts:				
61520	Medical Services	100	200	300
61550	Other Health Care Services	331	1,385	2,475
61630	Consultant Services	64	200	300
Total Department-Prioritized Budget Reductions		\$ 695	\$ 2,085	\$ 3,475
Difference Over (Under) Targeted Amount		\$ -	\$ -	\$ -

**CITY OF MUSCATINE
2026/2027 BUDGET**

**GOALS & OBJECTIVES
For 2025/2026**

DEPARTMENT:

Parks and Recreation

ACTIVITY:

Wellness Program

OBJECTIVES TO BE ACCOMPLISHED IN 2025/2026:

- To evaluate and modify the Wellness Program offerings to best meet City employee needs. **(Strategic Plan – Healthy Community)**
- To increase overall Wellness Program participation in 2025. **(Strategic Plan – Healthy Community and Excellent Customer Service)**
- To increase participation in the Wellmark online Wellness Center. **(Strategic Plan – Healthy Community)**

STATUS REPORT ON 2025/2026 OBJECTIVES:

- The Program Supervisor worked with the City Human Resources Department and the Wellmark Representatives to determine adequate wellness programs for City Staff.
- Overall Wellness Program participation increased significantly for 2025 thanks to a redesign of the Wellness Center platform online and a launch of the new quarterly challenges.
- The Wellmark Wellness Center saw an increased participation level online in 2025 due to the redesign of the online platform and the new phone app for employees to utilize.

NARRATIVE ON RECENT DEPARTMENT/ACTIVITY ACCOMPLISHMENTS:

- The top three categories of health insurance claims for 2025 were Bones/Ligaments/Muscles, Heart and Vessels conditions, and Diabetes prevention. The Wellness program includes many offerings to address these claims including the Wellness Reimbursement, fitness challenges, and the Daily Habits in the Wellmark Wellness Center.
- Annual Biometric Screenings continue to be the most well-attended offering with 113 participants. Other offerings include: Flu Shot Clinic at 36 participants, Blood Drive at 50 participants, Wellness Center Challenges at 43 participants, and the Fitness Scholarship at 6 participants.

GOAL STATEMENT:

(Only complete if different from 2025/2026)

OBJECTIVES TO BE ACCOMPLISHED IN 2026/2027:

- To evaluate and modify the Wellness Program offerings to best meet City employee needs. **(Values - Healthy Community)**
- To increase overall Wellness Program participation in 2026. **(Values - Healthy Community and Excellent Customer Service)**
- To increase participation in the Wellmark online Wellness Center. **(Values - Healthy Community)**

PERFORMANCE MEASURES

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	Actual 2023	Actual 2024	Actual 2025	Estimated 2026	Estimated 2027
Employee Wellness Opportunities	12	13 (1)	13	14	14
Employee Wellness Participants	240	224	267	300	300
Employee Assistance Program Participation Levels	9.72%	8.09%	8.91%	10%	10%

EAP participation levels expected to increase due to the Fire and Police departments canceling their contract with Armor Up America.

	Thrive	Flu Shots	Biometric Screenings	Weight Loss Programs	Hearing Tests	Lifestyle Programs (Est.)	Fitness Scholar- ships	Blood Drives	Turkey Trot
Participants	43	36	113	N/A	N/A	43	6	50	0