



For more information contact:

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**FOR IMMEDIATE RELEASE
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Shifting Perspectives: Lunch and Learn Series to Address Health Equity, Stigma, and HIV Prevention

MUSCATINE, Iowa – Trinity Muscatine Public Health, in partnership with Stop HIV Iowa, is proud to present Shifting Perspectives: From Stigma to Solutions, a four-part Lunch and Learn series designed to promote health literacy and community engagement. The series will take place from 12-1 p.m. at the Musser Public Library with free Continuing Education (CE) credits available for nurses, physical therapists, occupational therapists, speech therapists, respiratory therapists, and social workers.

This event will bring together experts, healthcare providers, and individuals with lived experiences to discuss health equity, substance use stigma, HIV prevention, and community resource mapping.

Event Schedule & Featured Speakers:

- **March 6, 2025 – Health Equity and Meaningful Community Involvement.** Co-facilitated by Akosua Dosu, Alicia Mercado, Jordan Selha, and Stuart Scott from Iowa HHS and NuCara. Learn about health equity principles and best practices for engaging communities in meaningful and impactful ways.
- **March 13, 2025 – Stigma Associated with Substance Use Disorder.** Led by Deborah Tomey from CADS (Center for Alcohol & Drug Services). Explore how stigma affects individuals with substance use disorders and discover strategies to foster empathy and support.



- **March 27, 2025 – Living with HIV: The Power of Testing and Treatment.** Featuring Dr. McKinney and Tami Haught. Gain valuable insights into HIV testing, treatment, and prevention through the perspectives of both a healthcare provider and someone with lived experience.
- **April 3, 2025 – Community Resource Mapping.** Co-facilitated by Jen Craft from Trinity Muscatine Public Health and Stuart Scott from NuCara. Participate in a hands-on mapping session to identify local resources and collaborate on forming a taskforce to address health challenges.

Sponsored by: **STOP HIV IOWA** In Partnership with: **Muscatine County Public Health**

*Shifting Perspectives:
From Stigma to Solutions*

The purpose of the *Shifting Perspectives* lunch and learn series is to enhance health literacy through education on health equity, stigma reduction, and HIV prevention, while advancing best practices for vulnerable populations.

Free CEUs are available for nurses, physical therapists, occupational therapists, speech therapists, respiratory therapists, and social workers.

LOCATION: MUSSEY PUBLIC LIBRARY

TIME: NOON – 1:00PM

Lunch and Learn Series:

- March 6, 2025
 - Health Equity and Meaningful Community Involvement
- March 13, 2025
 - Stigma Associated with Substance Use Disorder
- March 27, 2025
 - Living with HIV: The Power of Testing and Treatment
- April 3, 2025
 - Community Resource Mapping

Scan QR code or click link to register!
<https://forms.office.com/r/4jHXyUmmYG>

Why Attend?

This series provides an opportunity for healthcare professionals, community members, and advocates to engage in critical conversations, learn from experts, and take action toward reducing stigma and improving health outcomes.

Registration is now open!

Scan the QR code on the flyer or register at:

<https://forms.office.com/r/4jHXyUmmYG>

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