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City Administrator Report to Mayor & City Council

February 28, 2014, Edition No. 118

Weekly Update:

1. CSO: Please see the attached February Progress Report for the West Hill Sewer Separation Project
2. Riverfront: The University of Iowa Students working with CIAT will be sharing their concepts for the Riverfront this coming Saturday, March 8th from 2pm to 6 pm at the Pearl City Station (Red Brick Building). Additionally, please see the article attached regarding the University of Iowa students/ Iowa Initiative and the specific riverfront project. Please remember to attend the March 8 public comment session!
3. Blue Zones: Please see the attached Blue Zones DRAFT Blueprint for Community Policy as well as a copy of the meeting notes from the last P9/ Leadership Team meeting.
4. Wellmark: Please see the attached congratulatory letter regarding Complete Streets.
5. Spring Cleanup: Attached is a flyer for Spring Clean Up Week, which will be held April 21-25, 2014. Also for your information we will open the Compost Site on Monday, March 31, 2014 (weather cooperating). The compost Site will be open its normal hours of Sunday - Friday: Noon - 6:00 pm and Saturday: 9:00 am - 6:00 pm.
6. Cedar Street: March 31st is the expected start date for construction based on the reconstruction meeting held this past Wednesday with All American and City staff. Construction should begin at the Parham intersection.
7. Community Gardens: From the local ISU Extension Office - Dear Community Garden Coordinators and Enthusiasts: I wanted all of you to know that we are having an Open House to launch our Blue Zones Community Garden Project. Saturday, April 5th, 10AM-Noon, River View Center (two-story brick) on the riverfront. You were a valuable part of planning and getting this started, please join us in celebrating its kick-off! We would love to have your presence at this meeting. Annette Shipley, Iowa State University Extension & Outreach
8. Cemetery: Question - is it plausible to sell the Cemetery steps? It is possible, but not a realistic option. It will not relieve the City of liability according to our attorney. We have a set of stairs leading from a public street, through public land, to a public cemetery. I did not ask for a full written opinion at this time.



PROJECT STATUS REPORT

Project Name: City of Muscatine - West Hill Sewer Separation **Month:** February, 2014
Prepared By: Karmen Heim/Barb Veal **Project Number:** 17660.20.00; 17660.30.00

“PHASE” refers to Design Package/Construction Contract

Progress for Last Month:

PHASE 2

Construction:

- Attended Periodic Construction Progress Meeting.
- Provided input on JS1 construction.
- Conducted discussion about Spruce Street design as it relates to future Phase 3 work.

PHASE 3

Preliminary Design Concept

- Continued establishing sanitary sewer and storm sewer concept. (Based on July 2013 figures). Concept will be the basis of establishing a rough order of magnitude construction cost.
- Continued coordination with Matt Chandler. Requested information on location various sanitary services and mapping discrepancies between survey and city mapping.
- Established City review meeting (April 1 at 9am) to discuss anticipated scope and concept costs of the Phase 3 project.

Preliminary Proposed Schedule

Concept established in Preparation of April 1 discussion	April 1, 2014
Preliminary 60% Design on selected Phase 3 project scope	August 2014
Pre- Final 95% Phase 3 Design Complete	Nov 2014
Ready for Bids / Bid Opening Phase 3	Dec 2014 – Feb 2015
Start Construction – Phase 3	Spring 2015
End Construction – Phase 3	Fall 2016
Phase 4 Planning / Design	2015 /2016

Survey:

- No work completed.



Work Items for Coming Month:

PHASE 2

Construction:

- Respond to construction questions as needed.
- Attend future scheduled City/Contractor construction progress meetings.
- Coordinate with City and Bill Haag in the future as requested on changing the pipe class in the ravine to accommodate additional fill.
- Develop ITC No. 4 - modification of storm sewer design at 5th and Locust to accommodate future Phase 3.

PHASE 3

Design:

- Continue establishing project sewer concept.
- Continue working with Matt Chandler to clarify areas with unknowns.
- Develop project surface restoration concepts.
- Develop project rough order of magnitude construction cost estimate.

Site Survey:

Martin & Whitacre:

- Coordinate with M&W in the future to update survey map based on information City mapping and City knowledge.
- Coordinate with M&W in the future to fill in the survey gap between the Phase 1 / 2 survey and Phase 3 survey on Pine Street. This area was included in the scope of work for Phase 3.

Key Issues & Information Required:

PHASE 1

None at this time.

PHASE 2

None at this time.

PHASE 3

None at this time.

Critical Issues:

PHASE 1

None at this time.

PHASE 2

None at this time.

PHASE 3

None at this time.

CONTACT:

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Iowa Initiative for Sustainable Communities
Program Coordinator
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or

Janet Morrow
Director of Community and Member Development
Greater Muscatine Chamber of Commerce & Industry
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News Release

Mississippi Riverfront Redevelopment Plan to be Unveiled at March 8 Open House

University of Iowa students from the Iowa Initiative for Sustainable Communities (IISC) have partnered with Muscatine's Community Improvement Action Team (CIAT) to help understand the community's vision for the Mississippi Riverfront Redevelopment Plan. Through surveys, interviews, and the brainstorming of ideas the time has come to showcase these ideas for the community's input.

On Saturday, March 8th from 2-6 p.m. an Open House event will provide yet another way the community can voice their opinions about what they would like to see for the Mississippi Riverfront. At the Pearl City Station in Riverside Park, members of the Muscatine Riverfront Student Group will present the visioning process, answer questions, and receive feedback from the community. Refreshments will also be served. Participants can arrive at any time and move through each station of the plans at their own pace. There will also be a chance to view alternative themes and features.

The Open House event gives an opportunity for community members to meet the students who have worked endlessly on the Riverfront Redevelopment Plan. It also allows attendees to give their ideas or input for what changes they would like to see.

"It would give us the chance to communicate with people directly," said Adnya Sarasmita, who is a second year graduate student getting her Master of Science degree in Urban and Regional Planning, and the architect of the group working on the Riverfront plans. "Here we get a chance to exchange ideas and explain our ideas better as well to the community."

In November, 2013 and January this year, the students conducted surveys to solicit community ideas and suggestions to gauge what amenities or improvements the community would hope to see in the area.

In order to be statistically significant Caitlin Shanahan, one of the students working on the Riverfront Redevelopment Plan, said they had to have over ten percent of the population respond to the surveys. About 320 people responded. Because the surveys included information about each participant's demographic information, it was fairly representative of the demographics of Muscatine.

Respondents of the surveys favored images that corresponded to the "Fitness and High Tech Park" alternatives. The other options in the survey were the "Botanical Garden" and the "Natural Park."

Other potential pieces of the redevelopment plan include public art, a new outdoor entertainment venue, establishing an area for potential vendors, and also to promote the riverfront as a recreational destination.

"We also looked at other things that were going on in the community like the Blue Zones Initiatives so that was part of the inspiration for the Fitness Alternative Park," said Shanahan, second year graduate student getting her Master of Science degree in Urban and Regional Planning, with a concentration in Land Use and Environmental Planning. "We are really trying to make the park have something in it that addresses a specific goal or relates to a larger context in some way."

The Riverfront Project is one of 13 different projects currently underway in Muscatine this year with about 100 students from the University of Iowa. The IISC has more students working in Muscatine, than any community they have worked in.

"Muscatine has been amazingly supportive and receptive to our students and willing to work with them," said Nick Benson, program coordinator of the Iowa Initiative for Sustainable Communities. "No, the students are not handing over designs that are ready to build the next day, it's the creativity and those big ideas that the students are enthusiastic about."

Ensuring the vitality of Muscatine is at the heart of these projects. Many of which go hand in hand. While the Blue Zones Initiatives may focus on the well-being of the community, projects such as the Riverfront Redevelopment Plan hope to give the community a place to exercise, or see a concert on a summer evening -- maybe even marvel at modern art sculptures.

Charles Connerly, director of the School of Urban and Regional Planning as well as founder and director of the IISC, explained that this kind of project-based learning pushes students to think outside of the box.

"It really tests their ability to get creative and innovative," he said. "We are advising the students but we are not directing them, we are not telling them exactly what to do. We want them to figure that out and that's a real challenge. There is a lot of freedom."

Although the students involved with the redevelopment group create potential strategic plans or alternatives, it is solely up to the community and planning development leaders to make those designs a reality.

“They are going to suggest some ideas that we wouldn’t have thought of and I like that part of it,” said Gary Carlson, vice president for member and community relations at HNI Corp and also Co-Chair of the CIAT. “Much of it sets a blue print for what we want. We challenged them to come up with these ideas but ultimately who is going to implement them will be us.”

By presenting their alternatives for the redevelopment plan, the students hope to get a decent amount of feedback to be able to make a final decision for their recommendations for community leaders in a few months.

“I think ideally at the end of the project if we can come up with something that actually gets used or implemented, we will feel that we did a good job of assessing the situation and meeting everyone’s goals and desires,” said Shanahan.

Article written by
Audrey Dwyer, University of Iowa Journalism & Mass Communications student

Grow Muscatine is a not-for-profit organization focused on enabling Muscatine’s prosperous growth and publicizing the good things happening in our community. Find us at www.growmuscatine.com and on Facebook: Grow Muscatine.

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RIVERFRONT AREA PUBLIC OPEN HOUSE



JOIN US at PEARL CITY STATION

SATURDAY MARCH 8, 2014 | 2-6PM

TO VIEW DESIGN IDEAS, SHARE YOUR OPINION,
& ENJOY COMPLIMENTARY REFRESHMENTS

RIVERFRONT AREA PUBLIC OPEN HOUSE

Mississippi Riverfront Student Group | University of Iowa School of Urban & Regional Planning

ABOUT THE PROJECT

Our group has been tasked with creating a plan for strategic growth along the Mississippi Riverfront. The city has already achieved many of its major redevelopment goals to create the park we see today. Our plan will build on what's already been done to create a vision for the park and its connection with the downtown as Muscatine moves into the future.



JOIN US AT RIVERSIDE PARK

Saturday, March 8 2014 | 2-6PM

Pearl City Station

WE WANT TO KNOW WHAT YOU THINK

This fall, over 300 Muscatine residents responded to the Riverfront & Downtown Survey. The Riverfront and Downtown Open House is an additional opportunity to voice your opinion regarding this unique and important part of the city.

Ultimately, our goal is to write a plan that reflects what Muscatine residents want to see in the riverfront & downtown area.

What will take place at the meeting?

We will explain our research process and present our ideas in the form of site plans and 3D models. You will have the opportunity to view and rank different options for the riverfront and provide specific comments.

You can arrive at any time and move through each station at your own pace. Members of the Riverfront Student Group will be present to answer questions and listen to your feedback.

What will be done with the feedback?

Feedback from this open house will be used to create a strategic growth plan for the Riverfront and Downtown area.

Strategy for 2014

Goals

- Continue to measurably improve well-being.
- Advance the changes in environments so that the healthy choices are easy choices.
- Ensure that members of the community should have the opportunity to travel safely to their destination by foot, bike, or by other non-motorized means.
- Ensure that children are able walk or bike to their school safely.
- Construct changes to the built environment that promote community wellbeing and health.
- Make changes to public policy and regulations that promote community wellbeing and health.

1. Community Policy Strategy

Brief Summary of Accomplishments

- The City of Muscatine in November of 2013 adopted a complete streets policy. This complete streets policy was just recognized by the National Complete Streets Coalition, a program of Smart Growth America as one of the 10 best complete streets polices adopted nationally in 2013.
- In September of 2013 the City of Muscatine adopted a new comprehensive plan. This plan contains goals that:
 - Call for the adoption and implementation of a complete streets policy.
 - Establish a goal stating that *“members of the community should have the opportunity to travel safely to their destination by foot, bike, or by other non-motorized means. Children should be able walk or bike to their school safely.”*
 - Calls for and outlines the parameters of a Bike/Pedestrian master plan
 - Calls for and outlines the parameters of a new zoning ordinance including:
 - Strengthening and expanding the use of mixed use zoning
 - Application of form based zoning to appropriate areas
 - Encouragement of
 - Outdoor dining on public right-of-way
 - Community gardens on municipal property
 - Farmers market
- Colorado Street project - A project to rebuild Colorado Street, as a complete street, is underway and should be completed in 2014. Currently Colorado Street has no sidewalks and very narrow soldiers. Completion of this project will for the first time provide students at Colorado Elementary School with a safe route to walk to school.
- Cedar Street Project - A project to rebuild over a mile of Cedar Street, as a complete street, is

under contract and should be completed in 2014. Currently this segment of Cedar Street has no sidewalks and very narrow sidewalks. This project also includes the construction of a trail of over a mile in length parallel to Cedar Street and the first roundabout in Muscatine at the Cedar/Logan intersection. Completion of this project will significantly improve pedestrian and bike access to amenities such as: Muscatine High School, Saints Mary & Mathias Catholic School, the Muscatine Community Y, Trinity Muscatine Hospital, and the Post Office.

- A pilot program to promote outdoor dining on public right-of-way is underway with 4 downtown restaurants participating.
- Drafting of a new zoning ordinance that will include provisions to promote mixed use development and will use form based zoning where appropriate, is underway.

Approach – Summarize Continuing Successful Activities and New Strategies Based on Learnings

- The Community Policy Committee will work with city leaders and residents to implement the desired outcomes to ensure that the community makes advancements with the adopted policies and changes in environments designed to make the healthy choice the easy choice.

The following table identifies the original milestones and status.

MILESTONES

WHEN	WHAT	DATE COMPLETED OR STATUS
05/16/2013	City Resolution of support for the Project #92412-0513	Resolution (#9412-0513) approved on 5-16-13
05/16/2013	Smoke-free public housing Policy approved #92409-0513	Resolution (#9416-0513) approved on 5-16-13
06/06/2013	Smoke free indoor and outdoor public places. Smoke Free Air Act in place in Iowa Code	Smoke Free Air Act in place in Iowa Code
09/2013	Complete Streets Policy adopted by Resolution	Resolution (#9261-1113) approved on 11-16-13
09/2013	Colorado Street bid as complete streets	Project currently under construction
09/2013	Complete Streets staff training complete	Staff completes Complete Streets training at the University of Iowa: May 2013

09/2013	Outdoor dining administrative policy implemented	Outdoor dining pilot program will be going to City Council for approval on 3-6-14. Four downtown restaurants have committed to participating in this pilot program.
10/2013	Adopt policies to encourage Farmers Markets and Community Gardens	Goal C.20 of the Comprehensive Plan encourages community gardens. The first community garden on municipal property, Taylor Park, was approved by City Council in February of 2014. This garden will open in the Spring of 2014. Goal C.21 of the Comprehensive Plan encourages farmers markets.
10/2013	Comprehensive Plan Adopted by Resolution	Approved by City Council on September 19, 2013
11/2013	Cedar Street/Logan Street Roundabout bid letting	Project is under contract and construction will begin as soon as permitted by the weather.
03/2014	Paved trail – Musser Park to Wiggins Road bid letting	Project was delayed by the necessity to alter the route due to difficulty of securing right-of-way. Final route has been secured and final engineering of the project has begun. Bid letting anticipated to occur in the Summer of 2014.
05/2014	Draft Bicycle master plan completed	On track for draft completion by May of 2014. Being developed in partnership with University of Iowa and the Iowa Initiative for Sustainability

06/2014	New Zoning Ordinance to encourage multi-use development drafted for review	Work on the new zoning ordinance began in October of 2013. The Planning and Zoning Commission will begin review portions of the initial draft at their March 2014 meeting. A complete first draft is anticipated to be done by December of 2014.
06/2014	Draft Pedestrian master plan completed	On track for draft completion by May of 2014. Being developed in partnership with University of Iowa and the Iowa Initiative for Sustainability
07/2014	Celebrate Community Success	

Forward Milestones

WHEN	WHAT	COMMENTS
June 2014	Approval of City/School District agreement on the joint use of recreational facilities.	This written agreement will formalize the joint use of recreational facilities which has been occurring for years under an informal handshake agreement.
November 2014	Completion of the Cedar Street project, including the new Cedar Street Trail, and the roundabout at Logan Street,	
November 2014	Competition of the Colorado Street Project.	
Summer 2014	Bid letting for the Musser Park – Wiggens Road Trail	Construction will commence late in the 2014 construction season or in 2015 constructions season depending on how soon the bid letting occurs.
Late Fall 2014	Adoption of permanent regulatory changes designed to promote outdoor	Permanent regulatory changes to promote outdoor dining on

Muscatine 2014
Blueprint Update

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	dining on public right-of-way	public right-of-way will be based on the experiences of the 2014 outdoor dining on public right-of-way pilot program.
Late Fall 2014	Adoption of bike/pedestrian master plan	
December 2014	Completion of a draft of a new zoning ordinance	Adoption of a new zoning ordinance will occur in 2015 after City Council review and modification of the December 2014 draft.
Late Fall 2014	Completion of project to address identified critical gaps in the sidewalk network.	<p>5 gaps in the sidewalk network have been identified jointly by the City of Muscatine and Muscatine Community School as the most critical address. They will be addressed first. They are:</p> <p>Connection #1 (Bloomington Land to New Hampshire Street):</p> <p>Connection #2 (Hillcrest Avenue to Trail System)</p> <p>Connection #3 (Houser Street to West Middle School)</p> <p>Connection #4 (Centre Drive to Weir Street)</p> <p>Connection #5 (Tipton Road, Provence Lane to Mulberry Ave)</p> <p>The 2014 Capital improvement Plan proposed that the City of Muscatine allocate \$50,000 to addressing gaps in the sidewalk. In future years prioritization of which gaps are to be addressed will be based on the to be adopted Bike and Pedestrian Master Plan.</p>

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Blueprint Update

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		An application to the Wellmark Foundation for a matching grant under the 2014 Matching Assets to Community Health (MATCH) Grant Program is being prepared. If this grant application is successful, more gaps in the sidewalk network will be addressed in 2014.
Spring/Summer of 2015	Completion of the design of the Mulberry Street project in accordance with the City of Muscatine's complete streets policy	Rebuild Mulberry Avenue, from Palms Drive to Houser St, to "Complete Street" standards including sidewalks, storm sewers, and turn lanes. Currently this segment of Mulberry is a narrow two-lane road without sidewalks. The new and only movie theatre in Muscatine sits on this segment of Mulberry. It is important to provide safe pedestrian and bike access to this important community asset.
Fall of 2015	Construction of a short trail from the intersection of 6 th Street and Locust Street to 8 th Street as part of the West Hill Sewer Separation Project	Leverage the construction of a sewer line through what formally a steep and wooded ravine.
Spring 2014	New contract at the three city recreational complexes addressing healthy choices	

METRICS

- Number of road improvement projects complete in accordance with the complete streets policy
- Number of sidewalk connection projects completed
- Trail system mileage
- Number of students walking to school/participating in the walking school bus program

Muscatine 2014
Blueprint Update

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- | |
|---|
| • Number of community gardens |
| • Number of people participating in community gardens |
| • Number of restaurant offering outdoor dining on public right-of-way |

DRAFT

Power 9 Meeting
Blue Zones Project – Muscatine
February 28, 2014
7:30 a.m. United Way Conference Room

Meeting Notes

Attendees: Bob Allbee, Gary Carlson, Nancy Dew, Andrew Fangman, Wes Fowler, Jim Hayes, Todd Hessel, Greg Jenkins, Gregg Mandsager, Mary Odell, Bret Olson, Shane Orr, Joni Axel, Andrew Anderson, Jodi Hansen, Ruthanne Meloy

1. **Overview** (Joni) The timeline for the Muscatine Blueprint Update drafts, second revisions, final drafts, and submission is listed on the first page of the Blueprint Update document. Please send your first rough draft to the office ([e-mail to Jodi Hansen](#)) by March 6. The Blue Zones Project office will put the draft document together. As a reminder, we have a short operating period at the Blue Zones Project office. Please include in your Blueprint Update sustainability ideas and forward milestones (things we will do in a year from now). We will also need some metrics to be measured in the months ahead for each sector.
 - a. Gary asked if the goals should be accomplishable or aspirational? Some thought there could be value in doing both.
 - b. Jim Hayes said the United Way “Needs Assessment” can be a critical component with the Blue Zones Project. It is a great baseline for the needs assessed. Some of it can be woven together to benefit community goal planning.
2. **Community Policy** (Rich, Andrew, and Gregg) Many of the existing milestones have been completed. The smoke-free public housing and smoke free indoor/outdoor public places is complete as it meets with state codes. The City is finished with the complete streets policy adoption and staff training. Policies in the Comprehensive Plan encourage Farmer’s Markets and Community Gardens. The new zoning ordinance will include pedestrian and biking plans. Forward milestones will include adopting policies for healthy vending options and drinking fountains in every public park. There will be revisions to building codes, a sidewalks plan and safe routes to school. The City plans to add sidewalk gap fillers for potential walking school buses. Greening projects include planting more trees downtown. The City will look at public safety metrics around sidewalks and healthy vending sales at city and sports complexes.
3. **Grocery Stores** (Jodi) We have two grocery stores designated and a third store on the way. Going forward we will ensure we support appropriate signage, enhance already existing milestones, and encourage forward milestones. Hy-Vee could provide tracking of increased sales of healthy choices and possible changes in shopping patterns. Main Street has vastly increased its produce and healthier choices and it continues to make improvements. There are other venues to explore such as Wal-Mart and smaller grocery stores in Muscatine.

4. **Schools and Walking School Bus** (Wes) Madison and Grant have registered the snack and beverage policy. The walking school bus will start again in the spring. We are evaluating expansion of the Walking School Bus. We are close to Grant School being designated with McKinley and Madison proceeding. Forward milestones include expanding the Walking School Bus and have all of our school buildings certified to be consistent. We would also like to have all recesses ahead of lunch. The metrics could be to track student illness and visits to the school nurse and food waste. Food waste has gone up considerably since the adoption of the Health Food Act.
5. **Restaurants** (Jodi) We need to designate six restaurants and continue to support the existing restaurants after they have been designated. Some promotional ideas are to have restaurants offer punch cards for every Blue Zones healthy choice and then discount a meal when customers reach a certain number. Restaurant tours could promote the restaurants. The media can also help the Blue Zones restaurants as well as future restaurants in town which are considering the Blue Zones culture. With the City's chain restaurants, we can encourage healthy choices in Muscatine. If outdoor dining succeeds, there could be incentives for future restaurants to do outdoor dining as well. Restaurant metrics would be sales increases for healthier choices and half portions sales. A list of Blue Zones Restaurants will be sent to worksites for catering, client entertaining, and employee dining. Included on the list could be pre-designated restaurants, also. Gary said HNI will promote designated restaurants in their quarterly newsletter. Greg will use the Chamber newsletter and members to promote the designated restaurants.
6. **Worksites** (Gary and Greg) The worksites milestones are four months ahead of schedule. Ten worksites have been designated. There are three to five more worksites planning on designation that are in the pre-designated twenty and additional companies are seeking designation. Companies already designated are thinking of more healthy benefits and ideas. If a business would not be able to make designation due to size there are other paths for that company to take. They could complete the designation checklist, explore a wellness program, or do a wellness newsletter among other ideas. The worksites will need to develop two or three metrics. They could achieve cost data to focus on wellness. Some data could be collected through Business Healthy Muscatine. Gary and Greg will think further on the suggestions for needed metrics.
7. **Engagement** (Shane, Bret, Nancy, Todd, and Andrew A.)
 - a. **Volunteering** Shane reported the Blue Zones Project Muscatine is connected to the United Way Volunteer website. There are 208 volunteers on the site. The site will continue to promote connecting with Blue Zones and other agencies. There are not any metrics yet because United Way just started with the website of volunteering. The more hours we log on this site the better Iowa looks. Shane explained that the Muscatine Volunteer web site on the United Way web site is where each agency has its own page of volunteers. Agencies can browse the different agencies and also log your hour's onsite. United Way can enter volunteer hours as bulk. There a lot of uncaptured hours from volunteers and growth in the community. Volunteering will be a metric we need to capture.
 - b. **Purpose** (Todd) There was a Purpose Workshop at Muscatine Community College with about 85 people. Purpose Workshops focus on two things: people making big life decisions and people helping people find their purpose. The earlier workshop had the MCC Student Council and student body sharing their dreams and goals. Metrics will be to measure participation and follow up. The Purpose Committee will come up with creative ways to measure metrics.

- c. **Cooking** (Nancy) The cooking demonstrations have been going well. There is an average of 20 people in attendance at each class. Classes have been held twice per month. The East Campus videotaped a class and it has run on the local access TV. One metric could be to record how many times the video is shown. Further suggestions include holding classes at other venues and having demonstrations at events in town or at the Farmer's Market or the Y. Julie Brannen is in charge of the Farmer's Market. The Farmer's Market has grown but could still be increased. There are many opportunities to collaborate with the market.
 - d. **Engagement** (Bret and Andrew) We have to engage 3,564 people to pledge and take at least one action. We are at 3,300. We are continuing with sign up tables at Hy-Vee on weekends this month. We have trained 30 ambassadors. We have ten Speaker's Bureau folks trained. Going forward we hope to keep building on these numbers.
 - e. **Walking Moais** (Andrew) Andrew reported that the Walking Moais have been very successful. Thirty-one Moais with 173 people walked over 20,000 minutes. More Moais are ready to go in the spring.
- 8. Reminders: A draft of each sector's Blueprint Update is due to Jodi Hansen at the Blue Zones Office by March 6, 2014. Please try to identify at least two metrics to capture. The next meeting is April 4, 2014.**



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February 20, 2014

DeWayne M. Hopkins
Mayor of the City of Muscatine
5602 Reynolds Avenue
Muscatine, Iowa 52761

Dear Mayor Hopkins:

We want to personally congratulate Muscatine on earning recognition from Smart Growth America as having one of the best Complete Streets policies in the country. We hope that you, the Blue Zones Power 9 and all of the volunteers take pride in this achievement – there are few that are selected to this elite group.

Your work helps ensure that your citizens live in a community that will support their well-being well into the future. The City of Muscatine is an inspiration to other communities in Iowa.

Thank you for your hard work and dedication. Once again, congratulations!

Sincerely,

John D. Forsyth
Chairman & CEO

Laura Jackson
Executive Vice President
Health Care Innovation & Business Development